

EASY TIPS FOR DAILY WEAR CONTACT LENSES

Proper care of your contact lenses is essential! A few simple habits are all it takes to safeguard your eyes — to ensure the quality and comfort of your lenses. Ask your eye care professional for the best lens and eye care regimen for you.

Wear Daily Disposable Lenses?

If you wear daily disposable lenses like DAILIES TOTAL1® and DAILIES® AquaComfort™ Plus contact lenses, no additional lens care* is necessary. Using clean hands, just put in a new, fresh pair in the morning and simply throw them away at night. There's no need to clean or disinfect your contact lenses.

Tips for Every Lens Wearer

No matter what type of contact lenses you have, it is a good idea to follow these general tips:

- Before handling, inserting or removing the lens, clean your hands with soap. Dry your hands with a clean lint-free towel.
- Be careful when using cosmetics, lotions, soap, creams or deodorants. They may cause irritation if they come into contact with your eyes.
- When wearing contacts, be careful using aerosol products such as hairspray.
- Always insert your lenses before applying makeup and remove them before taking off your makeup.
- Remove your lenses if they are exposed to an irritant or harmful vapor.
- Always carry a spare pair of lenses with you.
- Always keep a pair of recently prescribed glasses handy for those times when you may be unable to wear lenses.
- Always keep a pair of glasses in your car.
- Always replace lenses on time as directed by your eye care professional.
- Do not use lenses past their use-by date.

*Lens care applies to both Multi-Purpose Disinfecting Solutions and Peroxide Cleaning & Disinfecting Solutions